

# WCB VOICE



September 2018

## Understand Your WCB Benefits

No one expects to get hurt at work, but when workplace injuries do happen, the WCB is here to help.

Workers compensation benefits include wage loss benefits, healthcare benefits and permanent impairment awards.

Your workplace pays the entire workers compensation premium to ensure that you receive benefits when you are injured at work. Your workplace must also pay you for the full day on the day you were hurt at work, not just up to the time of your injury.

The WCB pays a portion of your wages and pays your healthcare expenses if you're hurt at work.

Here are some examples of the benefits available to you:

- wage loss
- medical treatment and medication costs
- dental treatment
- chiropractic or physiotherapy treatments
- vocational rehabilitation services

- lump sum payments for permanent impairments
- pensions
- death benefits

The WCB also provides a range of other services, like return to work services,

vocational rehabilitation services and a Fair Practices and Appeals process.

To learn more, or to request a copy of our Benefits and Services brochure, visit [wcb.mb.ca](http://wcb.mb.ca) and click on Worker > Understand Your Benefits.

## Slips, Trips and Falls in the Workplace

Did you know that almost 1 in 5 injuries reported to the Workers Compensation Board were related to slips, trips or falls in 2017?

Join us November 2 to get practical tips from employers in different sectors actively working to reduce the number of slips, trips and falls in their workplaces.

Attendees will gain practical tools for preventing injury in their own workplace, along with free safety resources to help them apply what they learned.

To register, please visit:  
[www.safemanitoba.com/events](http://www.safemanitoba.com/events)



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WCB  
Workers Compensation  
Board of Manitoba

## 24-Hour Worker Distress Line

If you or a member of your family is having trouble dealing with the effects of your injury, call the WCB Distress Line.

Trained counsellors from Klinik Community Health Centre are there

to help you 24 hours a day, seven days a week. The service is totally confidential and free of charge.

In Winnipeg, call **204-786-8175**.  
Outside Winnipeg, call toll free **1-800-719-3809**.

The 24-Hour Distress Line is funded by the WCB. Klinik counsellors cannot provide claim information.

# TAKE OUR KIDS TO WORK DAY IS NOVEMBER 14, 2018.

**We all have a part to play in taking our kids to work – and bringing them home safely.**

This year's Take Our Kids to Work Day is Wednesday, November 14, 2018. This day, recognized annually, provides Grade 9 students with an opportunity to explore careers and workplaces in Manitoba.

At SAFE Work Manitoba, we are committed to ensuring this opportunity is a positive and safe experience for students and for workplaces. Every workplace has hazards—and the risk of a work-related injury is greater for new workers and visitors who may not have received an orientation to the workplace hazards and injury prevention.

For Take Our Kids to Work Day, schools, employers, parents and students can work together to ensure kids have a productive, educational and, most importantly, injury-free day in the workplace.

SAFE Work Manitoba offers resources to help keep kids safe when visiting or working in a workplace. Find these resources at [safemanitoba.com/News/Pages/Take-Our-Kids-to-Work-Day-.aspx](http://safemanitoba.com/News/Pages/Take-Our-Kids-to-Work-Day-.aspx).



Please visit [safemanitoba.com](http://safemanitoba.com) for more information about safety.



Return undeliverable copies to:  
WCB Communications, 333 Broadway, Winnipeg, MB R3C 4W3  
Telephone: (204) 954-4760 Fax: (204) 954-4968

PM 40062754

**If you're  
hurt at work,  
we're  
here to help.**

Report all workplace injuries by calling (204) 954-4100.